

E GLEH WK *Info That Matters* MAGAZINE

*INCORPORATING THE 3556 DIRECTORY IN
PARTNERSHIP WITH THE EAGLEHAWK COMMUNITY
NETWORK SUPPORTING LOCAL BUSINESS.*

Meet Oscar, Our Community Cat

CHRISTMAS EDITION 2019

**A COMMUNITY MAGAZINE SHARING THE IMPORTANT SERVICES AND
SUPPORT AVAILABLE IN EAGLEHAWK AND CENTRAL VICTORIA.**

AN EAGLEHAWK COMMUNITY HOUSE INITIATIVE.

19 Bright Street, Eaglehawk 3556

magazine@eaglehawkcommunityhouse.com

**SO, WHY THIS
MAGAZINE??**

**BECAUSE THAT'S
ONE WAY YOU TOLD
US WE COULD HELP
YOU MORE.**

**IN 2017, THROUGH A
'MEETING COMMUNITY
NEEDS'SURVEY THE
EAGLEHAWK
COMMUNITY HOUSE
ASKED OUR CITIZENS
WHAT THEY WOULD
LIKE MORE OF IN
EAGLEHAWK.**

**YOUR ANSWERS WERE
VERY CLEAR.**

**YOU WANT FAMILY
FRIENDLY, LOW/NO
COST EVENTS/
ACTIVITIES &
FESTIVALS.**

**AND THAT YOU
WANTED MORE
INFORMATION ABOUT
WHAT SUPPORT,
SERVICES AND
BUSINESSES ARE
AVAILABLE IN
EAGLEHAWK &
SURROUNDS.**



**HOW DOES YOUR
ORGANIZATION,
BUSINESS OR GROUP
SUPPORT OUR COMMUNITY?**

It is our intention to share with you all of the wonderful support and services already available within our community to let you know that we are there when you need us.

EAGLEHAWK Magazine incorporates the 3556 Directory produced every second year by the Eaglehawk Community Network to support local business in our area. That tradition has continued in the Eaglehawk Magazine.

So, we want to know what you offer your Community. ie. If you provide a FREE sausage roll with the purchase of a pie or a FREE tie with a suit, we want to know.

If your business offers a 1st Appointment at NO CHARGE, we want to know.

Because that's the **INFO THAT MATTERS.**

Find us on Facebook @
Eaglehawk Community House



Eaglehawk Community House Christmas Break

The Eaglehawk Community House Will Close For The Year On
Friday 20th December, 2019 And Re-Open On
Monday January 13, 2020.

Have A Merry Christmas!!!

Special Thankyou's

Dept of Health & Human Services	Eaglehawk IGA
City of Greater Bendigo	Bendigo Community Health Services
Lisa Chesters MP & the Federal Government	Bunnings Epsom
Jacinta Allan MP & the State Government	Eaglehawk Community Network
YMCA Victoria – Peter Krenz Leisure Centre	Empowering Eaglehawk
Department of Justice	Bendigo TAFE
St John of God Hospital	Marist College
ASQ Garden & Landscape	Bolton's Bendigo
Bendigo Foodshare	Property Home Improvements
Foodbank Victoria	Grow Cook Share Program
The One Box – The Fruit Box	

Thankyou to our wonderful ECH Team members : Tracey, Ally, Sabine, Mel, Bill, Marg, Michele, Matt, Ash, Joan, John, Ray, Rob, Laurie and members of our Committee of Management.

Thankyou also to Amicus & Distinctive Options for your assistance in preparing our weekly lunches for Community.

OSCAR, OUR COMMUNITY CAT



Have you met Oscar?

Hi, I'm Oscar the Eaglehawk Community House cat and I live in the front yard and keep a good eye on the place and its wonderful garden. When visitors arrive I make sure to check them out—sometimes from a clever hiding spot but quite often by rubbing up to a leg and getting lots of pats (I like pats). I love to hang inside as well curled up on the couch or under the table and I have a special seat next to ellenn at Tuesday night Community meals.

I really enjoy being at the Community House because I get to meet loads of wonderful humans and also pats. I like to greet the Over 60's group on a Monday (morning/afternoon) and make sure everybody is ok. And spy on Louisa the artist as she is always putting up new artwork around the place. She recently painted some delicious colourful bird portraits outside but I have not figured out how to eat them yet.

I also really like kids as they like to play with me and sometimes give me treats (and pats). On Thursday morning we have yummy egg and bacon breakfast for a donation of \$1.00 from 8.00am. I don't normally like to get up early but bacon and kids is awesome.

I also like to cheer people up so if you are feeling a bit sad or just miss having a super friendly cat (who likes pats) then you should come and visit me.

The Eaglehawk Community House is a fun place to get involved in with activities, to get some help or advice if you need it or come and join our community lunch or dinner every Tuesday and most importantly to come and see me. (please bring pats.)



PET FOOD AVAILABLE

We all know pets can make a world of difference to the health and wellbeing of humans and the Team at the Eaglehawk Community House, we want to make sure you remain together forever.

We can assist you with pet food because we know that sometimes people may just need a little extra help.

PLEASE REMEMBER TO SHOW OUR TEAM MEMBERS YOUR
LOW INCOME HEALTHCARE CARD

Help Us To Hit The 100



Egg & Bacon Brekkie
EVERY THURSDAY
8.00 UNTIL 9.30AM
Donation \$1.00 each



Tradesman - phone your orders through
mention a time for pickup and your order will be ready
NO ORDER TOO BIG OR SMALL

Phone : 5446 8322

In May 2018, the Eaglehawk Community House launched our Egg & Bacon Brekkie as a way of connecting more with our Community and visitors. Our dining room is now full of chatter, laughter and smiles. Not to mention, full tummies.

Visitor Quote : "Better than Macca's"

COMPUTER TRAINING

When: Monday's 12:30pm - 2:30pm

Eaglehawk Community House

19 Bright Street, Eaglehawk

Phone: 5446 8322

**From Beginner
To More Advanced**

Cost: \$5.00

Meditation

Eaglehawk

Community House

19 Bright Street, Eaglehawk

Phone: 5446 8322

Tuesday Afternoon

1.30pm - 2.30pm &

Tuesday Evening

7.00pm -8.00pm

Cost - \$5.00

Little Munchkinz Playgroup

Thursday

10:00am - 12 Noon

Eaglehawk

Community House

19 Bright Street, Eaglehawk

Phone: 5446 8322

Gold Coin

***ECH Programs Recommence In 2020
From February***

Women's Circle

Thursday

10:30am - 12:30pm

Eaglehawk

Community House

19 Bright Street, Eaglehawk

Phone:5446 8322

Cost: \$8.00

Tai Chi

Wednesday Evenings

7:00pm - 8:00pm

Eaglehawk

Community House

19 Bright Street, Eaglehawk

Phone: 5446 8322

Cost: \$5.00

WHERE ARE THE KIDS PLAYING TODAY

Monday

California Gully Primary School
Connections Playgroup
Staley Street, California Gully
9:15am - 11:00am

Tuesday

Storytime @ Eaglehawk Library
1 Sailors Gully Road, Eaglehawk
10:30am - 11:15am

Wednesday

Bendigo Community
Health Services
(Supported Playgroup)
Eaglehawk Community House
19 Bright Street, Eaglehawk
9:30am - 11:30am

Thursday

Playgroup
Eaglehawk Community House
19 Bright Street, Eaglehawk
10:00am - 12 Noon

St Liborius Playgroup
Community Hall
379 Eaglehawk Road, Eaglehawk
9.30am

Friday

Toddler Time @ Eaglehawk
Library
1 Sailors Gully Rd
10:30am - 11:00am

Eaglehawk North Primary
School Playgroup
Darcey Street, Eaglehawk
9.30am

WHERE TO FIND A JUSTICE OF THE PEACE (OR JP)

Bendigo Police Station
221 High St, Bendigo

Monday
5pm - 7pm

Tuesday
10am - 1pm

Wednesday
1pm - 4pm

Thursday
3pm - 6pm



Bendigo Library
259 Hargreaves St, Bendigo

Tuesday
5pm - 6:30pm

State Trustees
41 Edward St, Bendigo

Wednesday
9am - 10am



Cr Andrea Metcalf



Cr James Williams



Cr Malcolm Pethybridge

YOUR COUNCILLORS ARE LISTENING

It is a great time of the year with summer in sight and the longer and warmer days being welcome, hopefully a good fall of rain will soon follow and a productive season for all.

Council has been very active in the Eaglehawk area with several projects underway.

The town hall has had the new air conditioning fitted and with summer not far away this is most welcome.

Canterbury park has seen the commencement of the new electronic scoreboard and this will be a great asset for the community.

The new spectator shelter design has been done and will be going out to tender in the next few weeks.

The Peter Krenz Leisure Centre has had a spring clean and new windows and resurfacing of the toddlers pool surrounds should maintain it as a great place to visit and use.

The Albert Roy changerooms and pavilion are completed and build on the renewal of the sporting precinct in Eaglehawk.

The BMX track, toilets and kiosk are now complete and track resurfacing has taken place, landscaping works will be undertaken in the near future.

Victoria and Paton street, intersection has received blackspot funding to install a splitter island and channelization.

Glenfell Avenue has received some upgrades to drainage.

Whipstick ward councillors will be conducting a tour of some of the facilities in Eaglehawk as we move into 2020.

Merry Christmas to all and see you in the New Year.

ABOUT THE EAGLEHAWK COMMUNITY HOUSE

Do you know how your Eaglehawk Community House supports our local people?

We are a low cost, or no cost if possible, service to EVERYONE in the Community and open Monday to Friday from 9am until 3pm.

EVERYONE IS WELCOME.

We provide a range of low cost activities for ANYONE to participate including basic computer classes, art, craft and sewing classes, kids playgroups, men's and ladies groups, meditation and tai chi, gardening, pantry bingo or just buzz in for a cup of tea and a chat with our friendly volunteers. We are here to assist however

we can. We regularly have special personal growth courses like 'Take Charge Of Your Life' and in February 2020 we will also begin our 'Learn to Cook' classes in partnership with the Grow Cook Share program. So register your interest with the ECH as there are limited places.



Community lunch is every Tuesday at noon and Community dinner every Tuesday at 6.00pm. EVERYONE IS WELCOME..!!

And Egg + Bacon brekkie is every Thursday from 8:00am with each sandwich costing only \$1.00 so come in and enjoy brekkie with us.

We also provide assistance with food, personal products and cat & dog food for those that may need a bit of a helping hand Monday to Friday 9am until 2.30pm.

We Welcome You Today.

Anyone that knows anything about the Eaglehawk Community House, knows that we just like to have fun.....and food..... and lots of it.....!!

And our amazing Team members make sure that no one leaves empty handed.

In 2019, over \$60,000 was raised for the Eaglehawk Community House to undergo much needed upgrades and improvements including a brand new kitchen with shiny modern appliances which can be hired to prepare for your function or special event.

We have an additional bathroom for visitor comfort and over the Christmas period are creating larger spaces inside to cater for our growing number of visitors. Our gardens and grounds are looking lovely with the inclusion of a new shade sail at the front of our House. Several areas are still to be completed in 2020 including our tranquillity space under the outdoor veranda and our front of house area where visitors will be able to relax, unwind and enjoy.

EGG CARTONS FOR ANNIE

You can help Annie at Bendigo Foodshare deliver eggs safely and intact to her clients.

Annie receives bulk eggs in boxes from generous egg farms but struggles to find egg cartons so she can pack eggs and ensure the safe delivery to Foodshare clients.

So you can help. Please drop your empty egg cartons off at the **Eaglehawk Community House** and we will ensure they reach Annie at Bendigo Foodshare.



COMMUNITY LUNCH | TUESDAY 12 NOON
COMMUNITY DINNER | TUESDAY 6:00PM

EAGLEHAWK COMMUNITY HOUSE
19 BRIGHT STREET, EAGLEHAWK
PHONE: 5446 8322

**WE CAN HELP WITH FOOD AND
PERSONAL PRODUCTS.**

MONDAY TO FRIDAY 9:00AM – 2:30PM

**THE EAGLEHAWK COMMUNITY HOUSE OFFERS
A FREE LAUNDRY SERVICE TO THOSE IN NEED
OF ASSISTANCE.**



SABINE'S SUCCULENT SUGGESTION'S

***SABINE WAS THE 'FACE' OF VOLUNTEERING FOR
LISA CHESTERS' MP ADVERTISING CAMPAIGN IN 2018.
AND WHAT AN AMAZING AMBASSADOR SHE IS.
SABINE WILL TEACH YOU EASY AND AFFORDABLE
COOKING THAT ALL FAMILY MEMBERS WILL ENJOY.***

EASY PEASY APRICOT CHICKEN

Chicken Drumsticks
Tin Apricot Nectar
1 packet French Onion Soup

Brown chicken drumsticks in frying pan.
Turn regularly to ensure even cooking.

In a saucepan place apricot nectar and French
onion soup. Heat and stir until slightly thickened.

Place browned chicken drumsticks into baking
dish and pour over apricot sauce..

Bake for 30 mins or until chicken is cooked right
through.

Serve on a bed of rice or with mashed potato and
steamed/boiled vegetables of your choice.



THE EAGLEHAWK COMMUNITY HOUSE KNOWS THAT PEOPLE LOVE GOOD FOOD.

Without the following partners the Eaglehawk Community House would not be able to assist the Eaglehawk and wider Community with our food assistance program the way we do. We can never thank you enough.

- ◇ Bendigo Foodshare
- ◇ Foodbank Victoria
- ◇ The One Box Project

A VERY SPECIAL THANKYOU TO JAMES AND HIS TEAM AT THE ST JOHN OF GOD HOSPITAL

The Eaglehawk Community House currently provides Food Relief to around 100 people EACH AND EVERY WEEK.

Times this amount of people by three meals each, that's around 300 meals EACH WEEK to support our citizens in need.

Add to that :

- ◇ Community Lunches for 75 people (Everyone is Welcome)
- ◇ Community Dinner for 50 people (Everyone is Welcome)
- ◇ 20 The Fruit Box Families
- ◇ And an average of 40 Bacon & Egg brekkies every Thursday
- ◇ Times this by 49 weeks every year and that's over 21,000 meals or equivalent EACH AND EVERY YEAR FOR OUR CITIZENS

EVERY WEEK IN OUR COMMUNITY



Food Assistance
Monday to Friday
9:30am - 2:30pm
Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322

BYO Bags
+
Low Income
Card

Art Class

+ Supplies
\$5.00

Wednesday
12:30pm - 2:00pm

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322

Sharing Your Skills

Would you like to share your skills, interest and/or hobbies with others in your Community?
Let us show you how.

19 Bright Street, Eaglehawk
Phone: 5446 8322

Pantry Item Donation



ECH Bingo

Tuesday Fortnightly
12:30pm - 2:30pm

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322



COME TO US WITH YOUR NEWS
magazine@eaglehawkcommunityhouse.com



The Eaglehawk Community House has joined the Eaglehawk IGA Community rewards program.

If you would like to award your shopping points, or a portion of them, to the Eaglehawk Community House just ask the friendly staff at IGA when you do your next shop.

And feel comfortable that you are supporting an organization that supports your Community.

EAGLEHAWK



Dahlia & Arts

FESTIVAL



**Official
Opening**
Wednesday
March 18

**Festival
Activities**
Friday
March 20-24

Let's get excited!!!

Morning Cuppa

Friday's
9:30am - 10:30am

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322

Gold Coin Donation



Volunteers Welcome

If you enjoy assisting your Community, contact us.

Phone: 5446 8322
19 Bright Street, Eaglehawk
admin@eaglehawkcommunityhouse.com

THE LAIR

Learn Beautiful Crafts

Fun Activities

Great Food

Meet New People

Eaglehawk Community House

19 Bright Street, Eaglehawk

Phone: 5446 8322

Fridays
10.00am – 12.00 noon
Cost - \$8.00



ROOMS FOR HIRE

Can we assist you, your group or business to find a home base?

The Eaglehawk Community House has a number of various sized rooms that may suit the needs of your group.

Affordable rates. Give us a call or visit us.

19 Bright Street, Eaglehawk

Phone: 5446 8322

Booking Essential

Cost: \$5.00

MEN'S GROUP



EAGLEHAWK COMMUNITY HOUSE

19 BRIGHT STREET, EAGLEHAWK

PHONE: 5446 8322

EVERY FRIDAY

12:30PM - 2:30PM

Commencing
21/02/2020



Eaglehawk Community House



Scan me

presents
GAMER FEST

Spend the day playing multiplayer video games with prizes to be won!

Wednesday the 22nd January 10.30am-3.00pm

For Ages 12 - 18 years

Lunch and snacks provided!

At YO Bendigo, 45 Mundy Street, Bendigo

Register now at

www.facebook.com/eaglehawkcommunityhouseinc

For further information please contact Eaglehawk

Community House

5446 8322

3556 DIRECTORY

Lets Get Saucy

88A-B Victoria Street
Phone : 5446 9111
Open : Mon to Fri 7.30am - 3.00pm
Closed : Sat & Sun

Eliades Fish & Chips

18 - 22 High Street
Phone : 5446 3649
Look Instore For Our Weekly Specials

Casa Diverso

48 High Street, California Gully
Phone : 5446 1111
Italian Pizza

Chicken Lovers

51 High Street
Phone : 5446 3333
Delicious Asian Take Away

Coffee Crema

43 High Street
Phone : 5446 2874
Bendigo's Best Brownies

Eaglehawk Bakery Cafe

80 High Street
Phone : 5446 9067
Great Food, Great People

Allies Hotel

181 Loddon Valley Hwy
Phone : 5446 8291
Your Friendly, Family Run Hotel

Subway

39a High Street
Phone : 5446 8334
Eat Fresh

Seashells Fish & Chips

55 High Street
Phone : 5446 3388
Borough's Best & Tastiest
Roger King's Super IGA

93 Victoria Street
Phone : 5446 9755
Proudly Serving Eaglehawk

ASQ

187 Upper California Gully Rd
Phone : 5446 9696
Garden & Landscape

Eaglehawk Newpaper & Tatts

27-29 High Street
Phone : 54 46 8202
Newspapers, Magazines & Toys

Hartley's Hunting & Tackle

8 Stafford Street
Phone : 54 43 5669
Outdoor & Hunting Gear

Cal Gully Quality Meats

317 Eaglehawk Road
Phone : 54 46 8227
Your Local Butcher

Grant Rule Fashion

38 High Street
Phone : 54 46 8206
Mens & Ladies Fashion

Majors Eaglehawk Sports

25 High Street
Phone : 54 46 8263
Bikes, Footwear & Fashion

3556 DIRECTORY

Eaglehawk Post Office

90 Victoria Street
Phone : 54 46 8305
Open : Mon to Fri
9:00am - 5:00pm & Sat Morn

Eaglehawk Recovery Yard

123 Upper Gully Road
Phone : 54 46 3649
Recycling & Shop

Rotary Bookshop

30 High Street
Open Saturdays
10:00am - 12 Noon.

St Vincent De Paul

23 High Street
Phone : 54 46 9333
Op-Shop & Bargains

Joyce Industries

Metals, Fridges, Whitegoods etc.
Free Collection
Phone : 54 46 1800

Bendigo Mobility Services

3/89 Victoria Street
Phone : 54 46 2012
Mobility Repair & Maintenance

Hi Tech ICT

Business Comm Solutions
Phone : 54 40 5555
Authorized Telstra Dealer

H & V Pearce Engine Reco

80 Wood Street
Phone : 54 46 9000
Engine Reconditioning & Parts

Majors Trailers

19 Victoria Street
Phone : 5446 1629
Trailer Build & Sales

Natrad Eaglehawk

220 Upper Gully Road
Phone : 54 46 7385
Radiator & Auto Care Specialists

Tuck Windows

42 Sandhurst Road
Phone : 54 46 8855
Windows & Wardrobes

Tim Miller Electrical

26 Curtain Street
Phone : 0427 508490
Install & Maintenance Commercial
& Domestic

Divine Carpet Cleaning

Mobile Carpet Cleaners
Residential & commercial
Phone : 54 46 3108

Dunstone Bros.

Plumbing & Roofing
Phone : 54 46 1535
Hot Water, Solar, Gas & Drainage

Rosiland Carpets

The Floor Covering Experts
2 Sailors Gully Road
Phone: 5446 8160

Caprine Capers & Stentwood

Top Quality Milking Goats & Angoras
185 Booth Road Woodvale
Phone: 5446 1929

3556 DIRECTORY

R & J Automotive

Automotive Electricians
315 Eaglehawk Road
Phone: 5446 7244

Philip J Eddy & Partners

Certified Practising Accountants
61 High Street
Phone: 5446 9855

Consultum

Financial Advisors
7/567 High Street
Phone: 5446 3809

Vison Broking Group

Investments Loans & Finance
2/57 High St
Phone: 5446 3081

Workspace Australia

Industrial & Office Space
195 Upper Gully Road
Phone: 5444 5228

Select Property Group

Your Local Real Estate Agency
36 High Street
Phone: 5446 8524

Flack Advisory

Financial Planners
Cnr High & Napier Street
Phone: 5446 3463

eCruise Travel

Local Travel Specialists
58 High St
Phone: 5446 1888

Eaglehawk Hearing Clinic

Locally Owned Hearing Service
13 High Street
Phone: 5446 3399

Eaglehawk UFS Pharmacy

Save Shopping Locally
50 High Street
Phone: 5446 8203

Eaglehawk Medical Group

Your Local Doctors
87 Victoria Street
Phone: 5446 3499

Tristar Medical Group

Bulk Billing
13-21 Peg Leg Road
Phone: 5446 7755

Bendigo Eyeworks

Competitive Eye Care
Shop 5 Canterbury Walk
Phone: 5446 7780

Jacinta Allan MP

Member For Bendigo East
107a Mitchell Street, 3550
Phone: 5443 2144

Maree Edwards MP

Member For Bendigo West
16 Lockwood Rd, 3555
Phone: 5444 4125

Lisa Chesters MP

Federal Member For Bendigo
Cnr Williamson & Myers St, 3550
Phone: 5443 3055

3556 DIRECTORY

Eaglehawk Citizens Brass Band

We have a Hall For Hire
Peg Leg Road, Eaglehawk
Phone. 0400 590 350

Eaglehawk Athletics Club

All Abilities Catered For
Phone: 0417 881 442

Eaglehawk Bowling Club Inc

All Ages Welcome!
Simpsons Rd, Eaglehawk
Phone: 5446 8515

Eaglehawk District Tennis Assoc.

Coaching, Social & Competitive Play
Phone: 0408 354 375

Eaglehawk Football & Netball Club

Amateur Mens & Women's Sport
Canterbury Park, Eaglehawk
Phone: 5446 8046

Star Cinema

Eaglehawk's Boutique Cinema
Eaglehawk Town Hall
Phone: 5446 2025

Eaglehawk Heritage Society

Museum & Research Centre
Sailors Gully Rd, Eaglehawk
Phone: 5446 9528

Y Service Club of Eaglehawk

YMCA Social Club
C/- Peter Krenz Leisure Centre
Phone: 5446 8193

Eaglehawk Library

Tuesdays, Fridays & Saturdays
Next to Eaglehawk Town Hall
Phone: 5446 7377

Rotary Club of Eaglehawk

Service Above Self
P.O Box 52, Eaglehawk
Ph. 0417 562 952



We want to add your business, sport
or support organizations to our
growing directory listing.

Email us today for inclusion into
the next edition.

magazine@eaglehawkcommunityhouse.com

COLOR IN THE SANTA CLAUS





Eaglehawk Community House

19 Bright St, Eaglehawk

54468322

Monday to Friday 9.00am – 3.00pm

Term 1, 2020
28 Jan – 27 Mar

Computer Training	Learn new skills in computers from beginners to above	When: Monday 12:30-2:30 Pm Cost: \$5.00 per session
Sewing Circle	All levels welcome and are encouraged to come along. Bring along your cross stitch or other craft. Bring your own sewing machine and supplies. Every 1 st 3 rd and 5 th Monday of every month	When: Monday Fortnightly 7:00-9:00Pm Cost: Gold Coin Donation
Community Lunch	No need to sit at home alone eating toast. Come along and join us for a scrumptious meal	When: Tuesday Lunch 12 Noon Cost: Gold coin donation
ECH Bingo	Just like ordinary bingo but you play for pantry items.	When: Tuesday 12:30-2:00Pm (Fortnightly) Cost: A pantry item
Meditation	Come and join Irene as you relax your way to better health and wellbeing. Please arrive by the starting time	When: Tuesday 1.15pm – 2.30Pm Cost: \$5.00
Community Dinner	Come along and join us for a scrumptious meal	When: Tuesday Dinner 6 Pm Cost: Gold coin donation
Meditation	Come and join Irene as you relax your way to better health and wellbeing. Please arrive by the starting time	When: Tuesday 7.00pm -8.00Pm Cost: \$5.00
Art Class	This is a wonderful opportunity to meet and enjoy the company of others who share the same interest and passion for art.	When: Wednesday 12:30 - 2:00Pm Cost: \$5.00 per session
Gardening Group	Our seedlings are growing madly and needing TLC.	When: Wednesday 1.00pm -2.30Pm
Tai Chi	Come along and enjoy our sessions which have an emphasis on relaxation through light gentle movements and breathing exercises. Starting back 16 th October	When: Wednesday 7:00-8:00Pm Cost: \$5.00 per session
Egg and Bacon Brekkie	Come along and join us for a scrumptious brekkie of eggs and bacon sandwiches	When: Thursday 8.15am-9.15Am Cost: \$1.00 per sandwich
Playgroup	Fun filled activities for the children. For ages 0-5	When: Thursday 10am-12 Noon Cost: Gold Coin Donation
Women's Circle	Are you interested in learning some new craft ideas, come along to this fun group? Places are limited	When: Thursday 10:30Am-12.30Pm Cost: \$8.00 per session
The Lair	A fun morning filled with art and craft activities for everyone.	When: Friday 10.00am-12.00noon Cost: \$8.00 Per session
Men's Group	Designed for the more masculine inclined. There's lots of 'boy chatter' going on	When: Friday 12.30pm-3.00pm Cost: \$5.00 Per session
Coming Soon		
Take Charge of Your Life	This 6 week workshop is aimed at helping people to choose to be mentally fit and able to deal with most ups and downs in life.	Starting in Term 1 – Please all for dates
Learn to Cook		Starting in Term 1

Food & Personal Packs Assistance
Mon – Fri until 2.30pm
Please bring your own bags
Be prepared to show your low income card to our friendly staff

We Want To Share Your Important Info With Our Community.

What does your business or organization offer our community.... Or how does your organization support it's causes?

Address: 19 Bright Street, Eaglehawk

Email: magazine@eaglehawkcommunityhouse.com

Phone: 5446 8322



Merry Christmas