

ISSUE 3 | SUMMER 2020/2021

EAGLEHAWK

Info That Matters

MAGAZINE

INCORPORATING THE 3556 DIRECTORY IN
PARTNERSHIP WITH THE EAGLEHAWK COMMUNITY
NETWORK SUPPORTING LOCAL BUSINESS.

Cook Like A
Pro In 2021

New
Volunteering
Roles

Meet Our
New Local
Councillors

Have You
Met Ash
& Pop?



A COMMUNITY MAGAZINE SHARING THE IMPORTANT SERVICES AND
SUPPORT AVAILABLE IN EAGLEHAWK AND CENTRAL VICTORIA.

AN EAGLEHAWK COMMUNITY HOUSE INITIATIVE.

19 Bright Street, Eaglehawk 3556



magazine@eaglehawkcommunityhouse.com

**The
Eaglehawk Community House Staff &
Volunteers wish everyone a very Merry
Christmas and a New Year filled with
happiness & peace.**

We will be onsite for the following special dates.

**Monday 21st December 1 – 3pm.
Community Christmas Garden Party
19 Bright Street, Eaglehawk**

**BBQ, Snacks & Icecream.
Presents for the kids.
Everyone welcome but please phone
54 46 8322 to book.**

**Monday 21st December 2020
Monday 4th January 2021
Mobile Christmas Food Pantry
19 Bright Street, Eaglehawk**

**Helping struggling people to put food on the table over Christ-
mas/New Year by providing fresh produce, bread and house-
hold items free of charge.**

Please see enclosed flyer for dates of other Bendigo locations.

**Our Centre at 19 Bright Street, Eaglehawk will be closed from
Friday 18th December 2020 2.30pm and reopen Monday 11th
January 2021.**



Wow....!! What a Year We've Had.

Hello, I'm Tracey, Coordinator of your local Eaglehawk Community House.

In March 2020 we were forced to lock our gates to those that need us most and it was just heartbreaking.

For a Community House that regularly welcomes around 1000 visitors each month, knowing personally so many of these people and fearing missing others in need, there was no way we could mentally consider not being available in some way.

The decision for us to remain behind to support our Community was a simple one but intensified also, knowing that so many of our everyday volunteers are in fragile and sensitive situations.

So our gates were locked – but our House remained open and active.

At this moment, we ceased being a Community House and began being a vital essential service, serving and protecting our most vulnerable citizens, whether they were home based or at the ECH, ensuring that everyone understood they were not alone. We turned up every day at 7.30 -8.30am and the Eaglehawk Community House Team members did not have a weekday off until the middle of August 2020.

We can now report that at the end of November 2020, almost 18,000 meals have been prepared and home delivered from the Eaglehawk Community House; 4500 grocery and personal pack hampers; more than 4000 welfare checks by phone; more than 25,000 volunteer manpower hours and supported almost 10,000 adults and children;. We have also supported more than 50 volunteers each and every week carrying out various roles and tasks. And assisted 13 student placements to graduate way earlier than their other colleagues whose placement locations had unfortunately closed down.

The workload has been massive at times, but the results are extraordinary and rewarding and every one of the Eaglehawk Community House Team members has been incredibly proud to serve our Community in this way.

But we also had no funding to support our ongoing activity of providing meals, hundreds of them and for an unknown period of time. Our food suppliers, Bendigo Foodshare and Foodbank Victoria do a marvellous job but particularly meat, pantry items and packaging containers was what we required funding for.

Support from local leadership groups was remarkable – Eaglehawk Lions Club; Empowering Eaglehawk; Rotary Club of Eaglehawk; Eaglehawk Community Network; Lets Get Saucy; Camp Hotel; Scotts Bendigo inc Hellers Australia & Eagle Foods.

Financial assistance also came from the City of Greater Bendigo;

Fosterville Gold Mine; Tweed Sutherland Real Estate.

Thankyou to you all.

Your support has been so appreciated and provided the Eaglehawk Community House with opportunity way beyond what we ever considered possible.





You may have seen Ash wandering down the streets of Eaglehawk heading to the Peter Krenz Leisure Centre for his daily gym workout.

But did you know that Ash is also a fully qualified fitness trainer?

Ash discovered the benefits of fitness several years ago after being diagnosed with an illness that has changed his life. He is now much more well and healthy and ready to tackle life full on again.

And, you may have seen his work in the Eaglehawk Magazine – this is our third issue. Ash does the layout design production and is really showing he has a genuine flair for the creative and is enjoying the challenge to excel. It's a huge job – 32 pages of content and growing. To keep updating with new information, particularly the 3556 Directory which was inherited by the Eaglehawk Community Network. He also loves web design.

Ash is a quiet achiever within our Community.

His jovial nature and the happy way in which he goes about life shows a relaxed personality enjoyed by all in his company.

He is the one that makes everyone's birthday just that bit more special with his funny jester hat and loads of birthday jokes to share.

But he is also the one that makes everyone laugh with his corny jokes that make everyone smile off to the side and then there's his singing..!!

Ash grew up in Bendigo and has lived here all his life. He attended Violet Street Primary School and then White Hills Secondary College (now Weeroona). He also studied at Bendigo TAFE (IT / Multimedia / Fitness).

Ash has many hobbies including console gaming and is a movie nerd... his favourite all time actor is Arnold Schwarzenegger so the Terminator movies have seen many re-runs in the household.

He also loves watching professional wrestling (WWE / AEW) and UFC (Ultimate Fighting). Ash would also one day love to travel.

Thankyou Ash for your valuable support of the ECH and our Eaglehawk Magazine. We could not do without you.



WELCOME TO THE BOROUGH CLUB

COME IN &
SEE OUR
FRIENDLY
STAFF!

RECENTLY REFURBISHED
TO SHOWCASE THE
HISTORY OF
EAGLEHAWK, DATING
BACK TO THE 19TH
CENTURY, ON THE
BOROUGH CLUB WALLS!

**DINE IN &
TAKEAWAY
AVAILABLE**

CURRENT TRADING HOURS

Lunch: 12pm - 2pm

Dinner: 6pm - 8pm



PARMA NIGHT

EVERY THURSDAY
6pm - 8pm

New toppings every week!

**\$16
PARMAS**



**COMING
SOON**

ALFRESCO DINING

Just In Time For Summer!

*Live Music Nights

COCKTAIL LOUNGE

*Christmas Parties

*Celebrations



BECOME A
MEMBER FOR
WONDERFUL
DISCOUNTS!



OPEN 7 DAYS

Phone: (03) 5446 1000

Address: 2/4 High Street, Eaglehawk

Website: www.boroughclub.com.au

www.facebook.com/boroughclub





Volunteer Opportunities

Eaglehawk Community House:

Volunteer your time to help prepare and cook meals for vulnerable people living in our community. Other roles available include gardening and general maintenance.

Community Visitors Program:

A social justice volunteering role supporting vulnerable people living in our community.

Volunteer Tutors:

Assist young migrants to practice English conversation via digital and mobile phone conversation.

Discovery Centre:

Skilled tradesmen to assist with repairs & creating new exhibits for the Discovery Centre

Otis Foundation:

Seeking anyone who enjoys gardening to volunteer their time at St Jude's and St Hannah's approximately once per week

In Great Company:

A new volunteer program designed to connect people in need of support and social connection with caring, friendly and enthusiastic volunteers.

Lifeline:

Volunteers needed to support lonely people in our community

Be Kind, Be Neighbourly:

Informal volunteering to support your community & neighbourhood through COVID

If your organisation is seeking volunteers, contact us today and we can promote opportunities for you!

If you or someone you know wants to get involved, please contact the BVRC team to discuss these roles, and other opportunities available

website: www.bgovolunteers.org.au

email: info@bgovolunteers.org.au

phone: 0435 532 020





Eaglehawk Community House Current Volunteer Opportunities

Volunteering brings a sense of belonging and achievement to peoples lives, and the **Eaglehawk Community House** relies on the amazing work of their volunteer team to carry out various roles on a daily basis.

Administration Assistant (Friday's)

Become a member of our fantastic admin team!

Food Prep & Kitchen Helpers

Anyone who enjoys time in the kitchen will love this role!

Keen Gardeners

Help keep the ECH community garden beautiful

Magazine Team Members

This role includes article writing, assisting with layout and photos.

Magazine Distribution

Deliveries to fence only.... And identified businesses

Tuesday Evening Assistants

Support needed for weekly Community Dinner.

Dinner is included (Role re-commencing February 2021).

Weekly bread pickup

You will require your own transport for this role

If you have some spare time and are interested in volunteering, contact **Tracey** by email coordinator@eaglehawkcommunityhouse.com.au to find out more!



Farewell and Good Luck Bill



Some time ago, I walked in the door of the ECH to become a volunteer. I had no idea of the journey I was about to embark on and what a great journey it has been.

It was at a time in my life when I was facing some big struggles which I felt I would never recover from, how wrong was I.

I did recover thanks to those at the ECH for their encouragement and support. I needed to do something. I needed to be active and the ECH has given me the opportunity to do that.

Since being at the Community House it has built my self confidence, my self esteem. It has given me a sense of purpose; a sense of belonging and helped me to realize I am a person of worth, a person of value.

When COVID-19 hit, those I work with were not only colleagues, they become family.

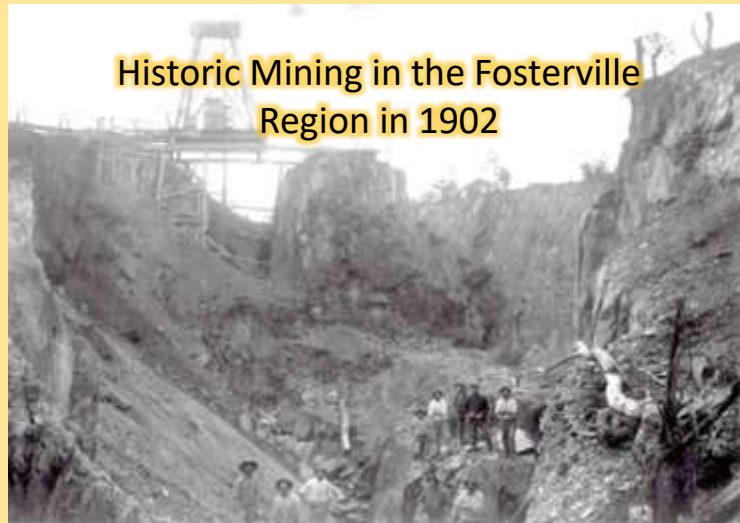
It is with much sadness as I say goodbye, yet with excitement as I now begin on a new journey.

Bill has been a valued member of our Team since February 2018.

FOSTERVILLE GOLD MINE

Overview

- Fosterville Gold Mine is the largest gold mine in Victoria and is located 20 km east of Bendigo, mid-way between Axedale and Goornong.
- Fosterville Gold Mine Pty Ltd is wholly owned by Kirkland Lake Gold which has operations in Australia and Canada.
- Mining first began in the Fosterville area in 1894.
- Open pit mining recommenced in 2004 and underground mining started in 2006.



Mining Operations

- The mining operations consist of an underground mine with two portals, 12 open pits, 4 surface tailings facilities, 3 in-pit tailings facilities, processing plant and associated water dams and infrastructure.
- The mine operates 24/7, 365 days a year.
- The underground mine is currently 1.2 km below surface with 100 km of tunnels. Trucks take 1.5 hrs to complete a return trip.
- Mine grade is approximately 30 grams per tonne. Each underground truck can carry 50 tonnes of rock containing approximately 1.5 kg of gold.



Gold Production

- FGM is the only gold mine in Victoria with a fully operating BIOX process plant in Australia. The BIOX process utilises bacteria to liberate the gold from the rock.
- Gold mined at Fosterville was traditionally found as nano particles inside a sulphide mineral called arsenopyrite.
- A complex process is required to extract the gold and involves grinding, flotation, gravity separation, oxidizing, leaching, and smelting.
- The gold bars that are poured are 95% pure.



Economic Contribution

- In 2019 FGM produced 619 thousand ounces of gold. Total production during the current operation is nearing 3 million ounces, with this milestone expected to be achieved in December 2020.
- FGM contributed \$385 million in 2019 into the local economy through wages, goods and services, government revenue and community sponsorship and grants programs.
- Total number of employees and contractors currently onsite at FGM is currently 790.



155 Crook St, Strathdale

www.bnh.net.au

info@bnh.net.au

5441 2515

and.... our new learning hub

www.bendigolearninghub.com.au



**BENDIGO
NEIGHBOURHOOD
HUB**

STEPPING OUT

Join our Friday walking group -
we walk, we chat, we coffee



HEALTH & WELLBEING



pick up your free **'Health & Wellbeing'** booklet from BNH - full of tips & hints for maintaining your wellbeing, useful contact info, activities & programs available in Bendigo & more

social group

join our social group contact list -
anytime a member feels like a catch up they text the group & whoever is interested simply turns up

we meet at Lake Weeroona near the coffee van



FREE one on one
computer & mobile
device assistance
available by
appointment

we're here to help you set up your device, learn to use your mobile device, download apps, store photos, remove photos from your phone, send text messages and more,

pop-up workshops

watch our facebook page for our regular pop-up workshops.... quilting, knitting, meditation, felting, yoga, photography, photo editing & so much more

X'mas quilting workshops
available November & December

Neighbourly Recipe book



grab your free recipe book from BNH - full of recipes from our community members

check out our BNH cooking videos - available on our facebook & websites

BENDIGO NEIGHBOURHOOD HUB

LEARN SOMETHING NEW IN 2021

Register your interest now for our FREE courses & workshops

DIGITAL MEDIA

FREE workshops available throughout 2021

learn how to make an imovies
creating photobooks & memorybooks
create amazing flyers with CANVA
movie editing
publisher
learn to use social media
computers for beginners
organise your photos with file management
posting on Youtube
downloading & using apps



LEARN TO COOK CLASSES

available on-line & @
in-person

Course materials: \$5.00 per class



Understanding & Managing your personal finances

learn how to manage your money, create a personal budget, set savings goals & much more

sewing classes

Beginner & Intermediate classes
commencing Feb
2021



Introduction to Community Services

This is a great FREE course for anyone considering working in the community services sector or people who are already volunteering/working in this sector.

Course available face to face & on-line delivery

ENGLISH LANGUAGE CLASSES

Commencing February 2021
classes held in Eaglehawk

Learn to Cook

Easy, Simple, Quick,
Everyday Meals

BOOK TODAY

LIMITED PLACES
\$5.00 EACH CLASS INCLUDES FOOD

2021 Dates

19th & 26th February & 5th & 12th March

7th, 14th, 21st, 28th May

9th, 16th, 23rd, 30th July

8th, 15th, 22nd, 29th October



EAGLEHAWK COMMUNITY HOUSE INC



19 Bright Street,
Eaglehawk
5446 8322





Chilli Con Carne

Ingredients

500g Lean Beef Mince
2 x Onions
2 x Garlic Cloves
2 x Carrots
2 x Celery Sticks
2 x Red Peppers
410g Can Diced Tomatoes
425g Can Chickpeas
410g Can Red Kidney Beans or 1 Cup Dried Beans
Soaked and Cooked
1 tspn Chilli Powder
1 tspn Ground Cumin
1 tspn Ground Cinnamon
½ Cup Fresh Coriander
2 tbsp Balsamic Vinegar
2 tbsp Oil



Method

1. Finely chop the onion, garlic, carrots and celery.
2. Halve the red peppers , remove the stalks and roughly chop.
3. Heat 2tbspn Oil in frying pan or pot; Add the chopped vegetables, chilli powder, cumin, cinnamon, pinch of salt and black pepper then cook for **7 Minutes**.
4. Drain and add the chickpeas and red kidney beans.
5. Add the canned tomatoes and a tin worth of water.
6. Add the minced beef, breaking up any chunks.
7. Pick the coriander leaves and put to the side.
8. Bring to the boil, then reduce heat and simmer for **40 Minutes** to an hour. Stir occasionally.

Tips

To make vegetarian “Chilli Con Bean” prepare in the same way, double the quantity of kidney beans and leave out the mince

Serving Suggestion

Serve with rice or cous cous or a hunk of crusty bread over a jacket potato with some yoghurt, guacamole and wedges of lemon or lime. If you have more coriander put this on top and if you like it hot, add some fresh chilli.





Our Eaglehawk Library IS OPEN

The Eaglehawk Library has reopened much to the delight of patrons and staff. The library which is housed in the historic Eaglehawk Mechanics Hall has an old world charm while still being a modern and welcoming library that has an up to date collection and free internet access.

The library's collections include adult fiction and non-fiction, young adult fiction, large print as well as a comprehensive children's collection ranging from picture books through to junior fiction and non-fiction. The library also has DVD, CD and audiobook collections as well as local history resources.

Due to current Covid-19 precautions only one public computer is available for free 30 minute sessions. Bookings are

recommended by calling the library on 5446 7577 or booking via the Goldfields Library's, Eaglehawk Library Page. There is also free Wi-Fi available.

Patrons are also asked to wear a mask, use sanitiser on entry and not to visit if unwell.

Although face to face Storytimes and Toddler-Time have been postponed, online Storytimes can be still accessed via the Goldfields Library's YouTube channel and the Eaglehawk Library's Facebook page.

Visit and like the Eaglehawk Facebook page for news, updates and future events.

If you have never been to the Eaglehawk Library please visit, have a browse and say hello to the friendly staff and be a part of this fantastic community asset.

The library is open usual hours:

Tuesday- 10am- 5pm

Friday- 9.30am- 12.30pm

Saturday- 9.30am-12.30am

Thinking Christmas, think about your local community!



As the festive season approaches please support your favourite local businesses this Christmas and, if you can, add a random act of kindness or gift to your list for someone in need.

When we love our local businesses, we're also helping to keep local people in jobs and supporting our economy. For every \$100 spent in a local business, up to \$70 stays in our community. This is compared to only \$3 when we shop online from a store located outside Greater Bendigo.

Everywhere you go, the Love Your Local stickers in shop windows are a great reminder that we're all in this together and to spend locally during this festive season is a great way to help our community recover from the pandemic.

We're here to support the *Eaglehawk* community.

We help people with a **disability, injury or mental health condition** to find the job that's right for you.

To find out whether you are eligible for our service, please contact **Emma** on **0432 154 680**.

Now open in
Eaglehawk!

26 High Street,
Eaglehawk



Our Councillors Are Listening



Deputy Mayor Andrea Metcalf

It's Cr. Andrea Metcalf here and I'm thrilled to be re-elected by the Whipstick Ward residents to represent you in local government.

I'm very much looking forward to being out in the community with Cr. Dave Fagg and Cr. Julie Sloan as the Covid restrictions ease.

We are planning our first listening post in December in Eaglehawk, so please come and meet us. We are there to listen to your thoughts on Council. This will be advertised in the paper and on the Council website, so keep an eye out for this.

Some of the big ticket items for the Eaglehawk area in this term, are the closure of the Eaglehawk landfill and progressing the plans for the Peter Krenz Leisure Centre. There's much work to get through.

I want to take this opportunity to thank the Community House under Tracey's leadership for the very practical ways you supported people through the lockdown. It was greatly appreciated.

Andrea's email : a.metcalf@bendigo.vic.gov.au



Councillor Dave Fagg

Hi there! My name is Dave Fagg and I am one of the Whipstick Ward councillors, along with my impressive colleagues, Andrea Metcalf and Julie Sloan.

We are looking forward to working together with the Eaglehawk community to make our neighbourhoods better places to live.

I encourage everyone to get involved in practical ways to shape the future of the Eaglehawk community.

Please don't hesitate to get in touch with us about concerns, ideas, and passions you have for your community.

Phone: 0437 892 918

Email: d.fagg@bendigo.vic.gov.au

Councillor Julie Sloan

Hello everyone –

thank you for the opportunity to introduce myself to you. My name is Julie Sloan and I am proud to be one of three councillors, along with Cr Andrea Metcalf and Cr Dave Fagg, to be elected in Whipstick Ward to represent you at Council over the next four years.

I feel honoured and privileged to have been elected by the local community. I look forward to representing your voice at Council to achieve great outcomes for our community, for our natural environment and for all living beings.

As this is my first term as your Councillor, I look forward to finding out more about your thoughts, ideas and suggestions and will be out and about in the Ward on a regular basis to meet and talk with you.

I also look forward to meeting you at local community events and functions as we start to enjoy a return to normality in a COVID-safe way.

I invite you to contact me at j.sloan@bendigo.vic.gov.au or on 0437 862 975. With best wishes from Julie.



*Keratin treatment
before*

Oh So Sleek

156 Eaglehawk Road, Long Gully

0400 994 399

Bree has 20+ years in ladies and men's hairdressing. Specialising in keratin treatments and perms for our older community.

To make an appointment or enquire on services or prices please phone or drop into the salon.



*Keratin treatment
after*



Specials

Foils starting from \$75
Keratin treatments from \$119
Seniors perm, trim & set/blow wave \$95
Kids cuts \$12 up to 12 years, \$15 up to 15 years

Products used

RPR MyColour
Prime BioTanix Brazilian Keratin

Growing together

2020 has certainly been a year like none other. Although Long Gully Neighbourhood Centre's doors have been closed for a large part of the year, it has continued to be a hive of activity behind the scenes.

New Beginnings Newsletter

In March we started a weekly Newsletter of hope and encouragement which changed to fortnightly publication in September. We're pleased to be able to share peoples' stories and showcase some of the great things happening in our region. There are also pages with craft, recipes, gardening, poetry, trivia and so on.

The Newsletter can be downloaded from the website at: <https://www.lgnc.org.au/newsletter>
Contributions are welcome and can be emailed to: projects@lgnc.org.au



Long Gully Community Garden

We have been grateful that our Community Garden has continued to be nurtured throughout the year under the watchful eyes of our Facilitator, Andy and his team of willing volunteers.

One of the exciting projects we were involved in was in conjunction with Healthy Heart of Victoria's (HHV) community activation in City

of Greater Bendigo. HHV provided funding to Violet Street Primary School to propagate seedlings for a wide variety of foods including strawberries, thyme, celery, chives, oregano, lettuce and spring onions.

Students and educators grew the seedlings and then gave them away to be planted and enjoyed by families from the school. Seedlings were also provided to the community gardens at Eaglehawk Preschool, Long Gully Neighbourhood Centre and St Matthew's Church.

We were pleased to distribute some of the free seedlings to the public as well as providing some plants to Estia Health (aged care service), Long Gully for their residents' garden club.



Residents of Estia Health, Long Gully enjoying the garden



Great to see children enjoying the tastes, smells and touch of the garden!



Community Garden Facilitator, Andy with Long Gully resident, Ashley Paskin and Healthy Heart of Victoria, Healthy Lifestyles Project Officer, Susie Scott

2021

Planning is underway for next year which we know will be bigger and brighter than this year! We are keen to hear from anyone in the local community who has ideas about any activity or program you would like to participate in or perhaps lead – please email projects@lgnc.org.au

We would like to wish everyone a very happy and safe Christmas season and a happy 2021.

Stay in touch with us via our Facebook page <https://www.facebook.com/lgncorg> or by phoning 5442 1165.

Kerry Parry, Community Development Worker

From your local Fire Brigade

Eaglehawk Fire Brigade is a community based government organisation made up of 100% volunteers. We have been serving the Eaglehawk community and the surrounding City of Greater Bendigo area since 1873.



We attend more than 200 fire and rescue incidents each year, ranging from house and/or structure fires, motor vehicle accidents, grass and scrub fires and also assisting other emergency agencies in their roles.

Our brigade has diverse membership, that range from our Operational Members and Brigade Members

Our Brigade will continue to save life and property 24 hours a day, 365 days a year.



Do you know the difference between a Total Fire Ban and the Fire Danger Period?

There are different restrictions that apply in the open air on days of Total Fire Ban and during the Fire Danger Period. Understand the difference between the two to avoid penalties.

Total Fire Ban (TFB) – Total Fire Bans are declared by CFA on days when fires are likely to spread rapidly and be difficult to control. How are Total Fire Bans declared?

Total Fire Bans are declared by district - there are now 9 Total Fire Ban districts across the State of Victoria. A Total Fire Ban can also be declared for the whole state of Victoria.

Each day during the fire danger period, the Bureau of Meteorology forecasts the expected Fire Danger Index for each district considering a range of factors including:

- Temperature
- Relative humidity
- Wind speed
- Dryness of vegetation and soil (recent rainfall).

Total Fire Ban (TFB)
Total Fire Bans are declared by CFA on days when fires are likely to spread rapidly and be difficult to control.

Fire Danger Period (FDP)
Fire Danger Periods are declared by CFA by municipality during periods of increased fire risk.

Each rating has corresponding actions that people should take depending on the predicted Fire Danger.

Fire Danger Period (FDP) – The Fire Danger Period is when CFA restricts the use of fire in the community. This is to help prevent fires from starting. Victoria is divided into nine Fire Districts based on council boundaries. So Eaglehawk is within the Northern Country Fire District.



Our
Total Fire Ban District is :
**Northern
Country**

Who is affected - People living in country Victoria and the outer metropolitan suburbs of Melbourne. The Fire Danger Period takes effect by municipality.

When is it declared - CFA declares the Fire Danger Period for each municipality (shire or council) at different times in the lead up to the fire season. It depends on the amount of rain, grassland curing rate and other local conditions.

CFA declares Fire Danger Periods by municipalities in the country area of Victoria during periods of increased fire risk.

The Fire Danger Rating tells you how dangerous a fire would be if one started.

It helps you to know when conditions are dangerous enough to put your bushfire survival plan in to action.

Ratings are forecast using Bureau of Meteorology data for up to four days in advance, based on weather and other environmental conditions such as fuel load.

The rating is your prompt to take action to stay safe.

For more information please check out www.cfa.vic.gov.au





Eaglehawk Preschool



**LIMITED PLACES FOR
2021.....**

**BE QUICK TO RESERVE YOUR
CHILD'S SPACE**

**Enrol via
enrolments.lmpa.org.au
or call 54468691**



TENNIS TIME

WHEN

**Saturday arvo during
spring/summer**

Courts open to the public at any other time - come and have a hit

WHERE

**Home Courts: Janaways
Road, Woodvale**

WWW.WOODVALEBTC.ORG

WOODVALE BUSHRANGERS TENNIS CLUB

ALL AGES ALL ABILITIES

Hot shots for the kids will resume early in the new year

FULL TIME, PART-TIME OR FILL IN

Be part of a team at a family, friendly club. Matches are played Saturday 1:30pm.

SOCIAL

Afternoon Tea

Weekly Prizes

Other Events

(All social activities are subject to government covid regulations)

FIND US AT

www.woodvalebtc.org

Fb: woodvalebtc

Insta: woodvalebtc

0417289650

5446 7487

Relaxing Breath

4 - 7 - 8



Rest Your Tongue Behind Your Front Teeth



Close Your Mouth, Breath In Through Your Nose
Count To 4



Keep Your Mouth Closed, Hold Your Breath
Count To 7



Open Your Mouth, Breath Out In A Whoosh!!!
Count To 8



Neighbourhood Watch

Let's watch out for each other

Neighbourhood Watch is full of tips and hints on the important issues like keeping your home safe.

Connect with Neighbourhood Watch today.



<https://www.facebook.com/NHW.Vic/>



<https://twitter.com/nhwvic>



<https://www.linkedin.com/company/neighbourhood-watch-victoria>



<https://www.instagram.com/nhwvic/>



<https://www.youtube.com/channel/UCjI6XndjNVesK3ToZCAAlfw>



Food & Personal Packs Assistance

Monday to Friday

9:00am - 2:30pm

Except Tuesday

12:30pm - 2:30pm

PLEASE Provide Own Bags

Be prepared to have your low income card checked by our friendly staff.

Eaglehawk Community House

19 Bright Street, Eaglehawk

Phone: 5446 8322

Take Charge Of Your Life

Recommencing in
2021

Call For Dates

Eaglehawk
Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322

Resume Writing

Learn how to develop professional resume's and cover letters to help you get the interview for that dream job you've been seeking.

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322



Yoga & Meditation

Tuesday's 7:00pm - 8:00pm (Meditation)
Thursday's 6:15pm - 7:15pm (Yoga)

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322

Bookings Essential
\$5.00

Unwanted Plastic Bags?

Please Bring To:

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322



We Are So Happy To WELCOME You Back...!!!

Tuesday's

Community Lunch (2 Sittings)

11:45am - 12:45pm

1:00pm - 2:00pm

Bookings Essential | Limited Seats Available

Meditation

7:00pm - 8:00pm

Bookings Essential | Limited Spaces

Wednesday's

Tai Chi - Returning February 2021

Thursday's

Yoga

6:15pm - 7:15pm

Bookings Essential | Limited Spaces

BYO - Yoga Mat; Drink Bottle and Blanket.

Sorry, No Sharing Of These Items.



**19 Bright Street, Eaglehawk
5446 8322**



We want to add your business, sport or support organizations to our growing directory listing. Email us today for inclusion into the next edition.

magazine@eaglehawkcommunityhouse.com

Food & Drink

Borough Coffee Crema

43 High Street, Eaglehawk
Phone: 5446 2874

Cal Gully Fish Shop

309 Eaglehawk Road, California Gully
Phone: 5446 3849

Casa Diverso Café & Restaurant

48 High Street, Eaglehawk
Phone: 5446 1111

Eaglehawk Bakery

80 High Street, Eaglehawk
Phone: 5446 9067

Eliades Fish & Chips

18 High Street, Eaglehawk
Phone: 5446 3649

It's Your Pizza

53 High Street, Eaglehawk
Phone: 5446 3899

KFC

96-98 High Street, Eaglehawk
Phone: 5446 9736

Lucky Yeoh Chinese Take Away

51 High Street, Eaglehawk
Phone: 5446 3333

McDonalds (California Gully)

2 Stafford Street, California Gully
Phone: 5446 2424

Peppermill Pantry

3/89 High Street, Eaglehawk
Phone: 5446 2900

Sandhurst Road Milkbar & Take Away

28 Sandhurst Rd, Bendigo
Phone: 5446 8712

Seashells Fish & Chips

55 High Street, Eaglehawk
Phone: 5446 3388

Subway

39a High Street, Eaglehawk
Phone: 5446 8334

The Allies Hotel

181 Loddon Valley Hwy, Myers Flat
Phone: 5446 8291

The Borough Club

2/4 High Street, Eaglehawk
Phone: 5446 1000



The Borough Fish Shop

39 High Street, Eaglehawk
Phone: 5446 8945

The Camp Hotel

35 High Street, Eaglehawk
Phone: 5446 8888

Whitehorse Hotel

305 Eaglehawk Rd, California Gully
Phone: 5446 3864

Retail

Aldi

4-8 Peg Leg Road, Eaglehawk
Phone: 13 25 34

ASQ Garden & Landscape

187 Upper California Gully Rd
California Gully
Phone: 5446 1739

Cal Gully Quality Meats

317 Eaglehawk Road, California Gully
Phone: 5446 8227

Cal Gully Post Office

313 Eaglehawk Road, California Gully
Phone: 5446 8238
Monday to Friday 8:30am - 5:30pm
Saturday: 9:00am - 11:00am

Eaglehawk Floral Boutique

32-34 High Street, Eaglehawk
Phone: 5446 9696
Monday - Friday 8:30am to 5:30pm
Saturday 8:30am to 12:30pm

Eaglehawk Newspaper & Tatts

27-29 High Street, Eaglehawk
Phone: 5446 8202

Eaglehawk Post Office

90 Victoria Street, Eaglehawk
Phone: 5446 8305
Monday to Friday 9:00am - 5:00pm
Saturday 9:00am - 12:30pm

Fairleys Super IGA

93 Victoria Street, Eaglehawk
Phone: 5446 9755
Proudly Serving Eaglehawk

Fitzpatricks Home Hardware

320 Eaglehawk Road, California Gully
Phone: 5430 1000

Grant Rule Fashion

38 High Street, Eaglehawk
Phone : 54 46 8206
Mens & Ladies Fashion

Hartley's Hunting & Tackle

8 Stafford Street, California Gully
Phone: 5443 5669
Outdoor & Hunting Gear

Majors Eaglehawk Sports

25 High Street, Eaglehawk
Phone: 5446 8263
Bikes, Footwear & Fashion

Meat Matters

74 High Street, Eaglehawk
Phone: 5446 2599
Quality Meat



Rotary Bookshop

30 High Street, Eaglehawk
Phone: 5446 8026
Saturday 10:00am to 12 Noon.

St Vincent De Paul

Op-Shop & Bargains
23 High Street, Eaglehawk
Phone: 5446 9333

Assistance Centre
82 High Street, Eaglehawk
Phone: 5446 1050

William Farmer Funeral Directors

12 Victoria Street, Eaglehawk
Phone: 5446 7660

Industrial, Trade & Services

Bendigo Mobility Services

Mobility Repair & Maintenance
3/89 Victoria Street, Eaglehawk
Phone: 5446 2012

Caprine Capers & Stentwood

Top Quality Milking Goats & Angoras
185 Booth Road, Woodvale
Phone: 5446 9929

Dunstone Bros Plumbing & Roofing

Hot Water, Solar, Gas & Drainage
179 Allies Road, Maiden Gully
Phone: 5446 1535

Eaglehawk Hire

General Hire
92-94 Wood Street, Eaglehawk
Phone: 5446 7877

Eaglehawk Recycle Shop

189 Upper Gully Road, Eaglehawk
Phone: 5446 3467

Eaglehawk Recovery Yard

123 Upper Gully Road, Eaglehawk
Phone: 5446 3649

H & V Pearce

Engine Reconditioning & Parts
80 Wood Street, California Gully
Phone: 5446 9000

Joyce Industries

Rubbish Removal
7 Whitfield Court, California Gully
Phone: 0409 423 891

Majors Trailers

Trailer Build & Sales
17 Victoria Street, Eaglehawk
Phone: 5446 1629

Natrad Eaglehawk

Radiator & Auto Care Specialists
220 Upper Gully Road, Eaglehawk
Phone: 5446 7385

R & J Moss Auto Electrics

Automotive Electricians
315 Eaglehawk Road, Eaglehawk
Phone: 5446 7244

Rosiland Carpets

The Floor Covering Experts
2 Sailors Gully Road, Eaglehawk
Phone: 5446 8160



Scott's (Bendigo)

Metal Fabrication
19 Victoria Street, Eaglehawk
Phone: 5446 8498

Skips Skate Shop

1/8 Sailors Gully Road, Eaglehawk
Phone: 5446 9432

Tim Miller Electrical

Installation & Maintenance
26 Curtain Street, Eaglehawk
Phone: 0427 508 490

Tucks Windows

Windows & Wardrobes
42 Sandhurst Road, Eaglehawk
Phone: 5446 8855

Business & Services

Commonwealth Bank

11 High Street, Eaglehawk
Phone: 5446 7200

Consultum Financial Advisors

61 High Street, Eaglehawk
Phone: 5446 3809

Hi Tech ICT

Business Comm Solutions
1 Somerville Street, Bendigo
Phone: 5440 5555
Authorized Telstra Dealer

Flack Advisory

Financial Planners
47 Napier Street, Eaglehawk
Phone: 5446 3463

J&K Law

76 High Street, Eaglehawk 3556
PO BOX 32, Eaglehawk 3556
Phone: 03 5446 2353
Fax: 03 5446 7639
Mobile: 0417 783 989
jandklaw.com.au

Philip J Eddy & Partners

Certified Practicing Accountants
61 High Street, Eaglehawk
Phone: 5446 9855

Select Property Group

Your Local Real Estate Agency
19 High Street, Eaglehawk
Phone: 5446 8524

Vision Broking Group

Investments Loans & Finance
2/57 High St, Eaglehawk
Phone: 0408 470 088

Workspace Australia

Industrial & Office Space
118 King Street, Bendigo
Phone: 5444 5228

Health & Well Being

Bendigo Community Health Services

3 Seymoure Street, Eaglehawk
Phone: 5434 4300

Bendigo Eyeworks

Competitive Eye Care
Shop 5 Canterbury Walk
17 High Street, Eaglehawk
Phone: 5446 7780



Deep Mindfulness Yoga

1 Mathrick St California Gully 3556

Phone: 0432 921 818

<https://deepmindfulnessyoga.com.au/>

Eaglehawk Hearing Clinic

Locally Owned Hearing Service

13 High Street, Eaglehawk

Phone: 5446 3399

Eaglehawk Medical Group

Your Local Doctors

87 Victoria Street, Eaglehawk

Phone: 5446 3499

Eaglehawk UFS Pharmacy

Save Shopping Locally

50 High Street, Eaglehawk

Phone: 5446 8203

Remembrance Parks

5 Victoria Street, Eaglehawk

Phone: 1300 266 561

The Massage Shop

406 Eaglehawk Road, Eaglehawk

Phone: 5446 3049

Tristar Medical Group

Bulk Billing

13-21 Peg Leg Road, Eaglehawk

Phone: 5446 7755

Sport & Recreation

Eaglehawk Athletics Club

38 Havlin Street West, Bendigo

Phone: 0417 881 442

Eaglehawk Bowling Club Inc

Lot 3 Simpsons Rd, Eaglehawk

Phone: 5446 8515

Eaglehawk Citizens Brass Band

27 Peg Leg Road, Eaglehawk

Phone: 0400 590 350

Eaglehawk District Tennis Assoc.

Coaching, Social & Competitive Play

Phone: 0408 354 375

Eaglehawk Football & Netball Club

Amateur Mens & Women's Sport

Canterbury Park, Eaglehawk

Phone: 5446 8046

Peter Krenz Leisure Centre

22 Napier Street, Eaglehawk

Phone: 5446 9222



Education & Training

Axis Employment

56 Queen Street, Bendigo
Phone: 5441 400

California Gully Primary School

4/14 Staley Street, California Gully
Phone: 5446 8393

Eaglehawk Preschool

15 Bright Street, Eaglehawk
Phone: 5446 8691

Eaglehawk Primary School

Church Street, Eaglehawk
Phone: 5446 3722

Eaglehawk North Primary School

Franklin Street, Sailors Gully
Phone: 5446 8366

Eaglehawk Secondary College

Reserve Street, Eaglehawk
Phone: 5446 8099

Lightning Reef

Early Learning Centre
74 Holmes Road, Bendigo
Phone: 5444 6666

Primary School

74 Holmes Road, Bendigo
Phone: 5443 2501



Eaglehawk Community House Inc

The Success Of Your New Home Business Is Only A Phone Call Away!

The City of Greater Bendigo is encouraging anyone wanting to operate a business from their home to give us a call so we can help ensure your business is operating safely and with the correct permits in place.

We want to see home businesses thrive and survive and we are more than happy to advise on the steps you need to take to ensure this.

You can talk with our Business Help Desk team on 5434 6000 or email any questions to bhd@bendigo.vic.gov.au

Further information is also available on our website at

<https://www.bendigo.vic.gov.au/business> and

<https://www.bendigo.vic.gov.au/Services/Environmental-Health>



Neangar Preschool

24 Watsons Avenue, Eaglehawk
Phone: 5446 9767

St Liborius Primary School

379 Eaglehawk Road, Eaglehawk
Phone: 5446 9172

The Personnel Group

2/59 King Street, Bendigo
Phone: 5410 0032

Community

Eaglehawk Heritage Society

Museum & Research Centre
Sailors Gully Rd, Eaglehawk
Phone: 5446 9528

Eaglehawk Library

Tuesdays, Fridays & Saturdays
Next to Eaglehawk Town Hall
Phone: 5446 7377

Rotary Club of Eaglehawk

Service Above Self
P.O Box 52, Eaglehawk
Ph. 0417 562 952

Star Cinema

Eaglehawk Town Hall
Phone: 5446 2025

Y Service Club of Eaglehawk

YMCA Social Club
C/- Peter Krenz Leisure Centre
Phone: 5446 8193

Our Local Members

Andrea Metcalf

City of Greater Bendigo
15 Hopetoun Street, Bendigo
Phone: 0499 009 096

David Fagg

City of Greater Bendigo
15 Hopetoun Street, Bendigo
Phone: 0437 892 918

Jacinta Allan MP

Member For Bendigo East
107a Mitchell Street, Bendigo
Phone: 5443 2144

Julie Sloan

City of Greater Bendigo
15 Hopetoun Street, Bendigo
Phone: 0437 862 975

Lisa Chesters MP

Federal Member For Bendigo
Cnr Williamson & Myers St, Bendigo
Phone: 5443 9055

Maree Edwards MP

Member For Bendigo West
16 Lockwood Road, Kangaroo Flat
Phone: 5410 2444



Neighbourhood Houses

Eaglehawk Community House

Monday - Friday 9:00am to 3:00pm
19 Bright Street, Eaglehawk
Phone: 5446 8322

Bendigo Neighbourhood Hub

Monday - Friday 9:00am to 4:00pm
155 Crook Street, Strathdale
Phone: 5441 2515

Kangaroo Flat Community House

Monday - Thursday 9:00am to 3:00pm
56 Thomas Street, Kangaroo Flat
Phone: 5447 9687

Long Gully Neighbourhood Centre

Monday - Thursday 9:00am to 4:00pm
52-54 Derwent Drive, Long Gully
Phone: 5442 1165 or 5443 0098

Marong Neighbourhood Centre

Open Monday to Thursday
39 High Street, Marong
Phone: 5435 2486

SPECIAL DATES

the Mobile Christmas Food
Pantry is visiting for people
needing extra support over
Christmas & New Year .

Eaglehawk

Community House

19 Bright Street, Eaglehawk.

Monday

December 21st 2020

&

January 4th 2021

1 - 3 pm (Both Days)





Did you know Bendigo used to be called Castleton and Sandhurst?

Did you know that gold was discovered in Bendigo in 1851? At the end of that year, 603 men gathered together for a united Christmas lunch, but by March in 1852 there were 30,000 diggers on the goldfields in this area?

1852 was also the year that John Hargreaves brought the first cows to Bendigo from Sydney and the milk industry commenced in Bendigo.

All this and more on One Way TV as we take a walk through some of Bendigo's history – beginning back around the 1850's.

- Easy Practical Cooking Segments
- Hidden gems in our region
- Short Message
- Christmas Special
- Each episode is about 15-20mins
- Life stories
- Guest musicians
- Community Groups
- And much more

www.onewaytv.org

Tune in 7pm Friday or 9am Sunday

Or watch anytime via youtube.

Church has changed, check it out!